



Donations for Cuba

- Soap
- Toothbrushes/Toothpaste/Floss
- Shampoo/Conditioner
- Deodorant
- Sanitary Napkins/Tampons
- Over-the-Counter Pain/Cold Medication
- Over-the-Counter Allergy Medication
- Vitamins
- Nail Care Items - Clippers, Polish, Emery Boards
- Disposable Razors
- Art Supplies (Canvas, Brushes, Sketch Pads, Colored Pencils)
- School/Office Supplies (Pencils, Notepads, Pens, Envelopes, Highlighters)
- Make-Up
- Perfume/Cologne
- Sunblock
- Sunglasses
- Batteries
- Clothes
- Baby Needs (baby clothes, disposable diapers, baby wipes, etc.)
- Sewing Kits
- Mosquito Repellent
- Children's Books and Small Toys

You are not required to bring gifts/donations, but they are appreciated and can help you earn a Donation Discount for your trip. Based on our experiences, these are common items wanted by the people of Cuba. Depending on the season or current occurrences in Cuba, other items may be more in demand at the time of your visit.